This training has helped me to better understand how to be more effective when talking with my staff.

Arguably, there are few settings where clear communication and effective working relationships are more important than within the health care system. When the Purchase Area Health Education Center (AHEC) and the Kentucky Office for Rural Health (KORH) approached CEDIK to provide leadership development programming for staff of the Critical Access Hospitals in western Kentucky, we immediately recognized the importance of this opportunity.

CEDIK faculty and staff worked with Purchase AHEC and KORH to identify and prioritize leadership topics and skills most important to them. These topics included: personal leadership, effective listening and communications, conflict resolution, leading organizational change, leading teams and time management.

An average of twelve participants from Caldwell, Livingston, and Marshall county hospitals, met for two hours monthly over five months in 2015 using distance learning and face to face sessions.

As a result of the training series, 25% of the participants have reported taking additional leadership roles, several participants have recommended that the Strengthening Skills for Leading Other workshop series be required for new hospital managers, and others have reported the benefits of utilizing the skills they acquired to improve their professional and personal relationships.

To learn more about CEDIK programs, visit http://cedik.ca.uky.edu

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